



## terapikolonier

### Support us in restarting groups for children with their parents

#### Purpose of this campaign

The purpose is to find economical means to offer families, where one or more children have social and neuropsychiatric disabilities, a place in our program. Families that have also been affected by the pandemic.

This is one more step toward the long-term goal – to reach a sustainable financial solution.

Today all we do depends on donations and non-profit work by the members of our association.



#### A life changing program

In terapikolonier, experiences in a safe environment with the support of a professional staff provides a foundation where children and parents can grow together.

Our families face many psychological and social struggles. Their background puts them at risk to develop serious issues.

Participation in our groups is an opportunity to break a downward spiral, and instead reach a greater level of well-being. In summer camp, everyday life is shared. The children and parents get to meet others in a similar situation, which is a big factor in successful group therapy. Together, experiences become common ground and the individual's identity is given room to grow and strengthen.



*“ Me and my son made more progress during one week of father-son camp than during several years of out-patient care”.*

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#### Our association

*Terapikolonier dates back to the 1930's and was up to 2019 a special branch of Child and adolescent psychiatry (BUP) in Stockholm.*

*“Föreningen för terapikolonier” is a non-profit organization. It was founded 2001 by former co-workers. The purpose is to promote and provide group programs in the spirit of terapikolonier.*